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KƏSKİN MİOKARD İNFARKTI ZAMANI XƏSTƏLƏRDƏ İŞEMİK MƏNŞƏLİ MİTRAL QAPAQ ÇATIŞMAZLIĞININ YARANMASININ XÜSUSİYYƏTLƏRİ

L.R.Stetsyuk^{1,2}, İ.M.Kliş², İ.O.Stetsyuk^{1,3}, B.M.Todurov^{1,3}, M.B.Todurov³, O.V.Zelençuk^{1,3}, S.M.Sudakeviç^{1,3}

¹Ukrayna Səhiyyə Nazirliyinin Ürək İnstitutu, Kiyev; ²Horbaçevski ad. Ternopol Milli Tibb Universiteti, Ternopol; ³Şupik ad. Ukrayna Milli Səhiyyə Universiteti, Kiyev, Ukrayna

Xülasə. ST seqmentinin yuxarı istiqamətdə yerdəyişməsi olan və olmayan miokard infarktının (Mİ) bilavasitə başlanğıc dövründə mitral requgitasiyanın (MR) yayılmasını və ağırlıq dərəcəsini öyrənmək məqsədilə tədqiqat aparılmışdır.

Tədqiqatda kliniko-anamnestik metodlardan, obyektiv müayinə üsullarından isə laborator müayinə, elektrokardioqrafiya, exokardioqrafiya və koronaroqrafiyadan istifadə edilmişdir.

Tədqiqat göstərmişdir ki, xəstənin kişi cinsinə mənsubluğu (66%), yaşının 67-dən çox olması, koronaroqrafiyada çoxlu damar zədələnmələrinin olması (56%), revaskulyarizasiyaya qədər 31 saatdan çox vaxt keçməsi, sol mədəciyin atım fraksiyasının 40%-dən aşağı olması mitral requrqitasiyanın inkişafı üçün prediktor hesab edilə bilər. Orta səviyyəli MR-lə assosiasiya edən faktorlara yaş (66 \pm 12 il), xəstənin kişi cinsinə mənsubluğu (62,5%, 16 nəfərdən 10-u), sol mədəciyin son diastolik ölçü indeksi (74 \pm 13 ml/m²-dən az) və sol qulağının dilatasiyası (sol mədəciyin həcm indeksi $-52\pm$ 14,8 ml/m²) aid edilə bilər.

Müəlliflərin fikrincə, miokard infarktından sonra mitral requrgitasiyanın baş verməsi sol mədəciyin lokal və ümumi remodelləşməsi ilə əlaqədar olur. Bu proses miokard infarktının qabaqcadan məlum olan risk amillərindən asılı olmadan xəstəliyin nəticələrinə mənfi təsir göstərə bilər. Mitral requrqitasiya çox vaxt klinik əlamətlərsiz keçdiyinə görə miokard infarktı olan xəstələrdə vaxtaşırı exokardioqrafik müayinəyə ehtiyac vardır. Müayinənin aparılması mitral requrqitasiya dərəcəsinin miqdarca qiymətləndirilməsinə vönəldilməlidir.

Açar sözlər: mitral requrqitasiya, miokard infarktı, exokardioqrafiya, koronoa angioqrafiya

Ключевые слова: митральная регургитация, инфаркт миокарда, эхокардиография, коронарная ангиография.

Key words: mitral regurgitation, myocardial infarction, echocardiography, coronary angiography.

FEATURES OF OCCURRENCE ISCHEMIC MITRAL REGURGITATION IN PATIENTS WITH ACUTE MYOCARDIAL INFARCTION

L.R.Stetsiuk^{1,2}, I.M.Klishch², I.O.Stetsyuk^{1,3}, B.M.Todurov^{1,3}, M.B.Todurov³, O.V.Zelenchuk^{1,3}, S.M.Sudakevych^{1,3}

¹Heart Institute of the Ministry of Health of Ukraine, Kyiv, Ukraine ²Horbachevsky Ternopil National Medical University, Ternopil, Ukraine ³Shupyk National Healthcare University of Ukraine, Kyiv, Ukraine

Summary. A study was conducted, the purpose of which was to evaluate the prevalence and severity of MR immediately following ST-elevation (STEMI) and non-ST-elevation myocardial infarction (NSTEMI) in contemporary clinical practice.

The research methods were clinical and anamnestic examination, objective examination, electrocardiography, laboratory diagnostici, echocardiography and coronary angiography.

It was found that the predictors of the development of mitral regurgitation against the background of acute myocardial infarction are male gender (66%), the age of patients older than 67 years, multivessel

damage according to coronary angiography (56%), time to revascularization is more than 31 hours, the ejection fraction of the left ventricle less than 40%. Factors associated with \geq moderate MR were age (66 \pm 12), male gender (10 of 16 [62,5%], low LVEF (39,94 \pm 7,02); long time-to-revascularization (31 \pm 4,7 h); and dilatation of the LV (LVEDVi: 74 \pm 13 ml/m²), and left atrium (LAVi: 52 \pm 14,8 ml/m²).

Mitral regurgitation after myocardial infarction is the result of multifactorial processes involving local and global left ventricular remodeling. Consistent evidence underscores its adverse impact on outcomes, independently of previously known indicators of risk after myocardial infarction. As mitral regurgitation is often clinically silent, it should be systematically evaluated by echocardiography. The evaluation should include precise quantification of the degree of mitral regurgitation to best appraise the ensuing risk.

According to the Center of Medical Statistics, 40 000 cases of acute myocardial infarction (AMI) are diagnosed in Ukraine every year [1]. Clinically, myocardial infarction (MI) is diagnosed with an increase in cardiac biomarkers and the presence of signs of acute ischemia, which are confirmed by the patient's symptoms, electrocardiographic changes, and imaging results [2].

In recent years, the inhospital mortality of MI has decreased sharply due to the development of reperfusion centers and is 3% in 2020. [3,4,5]. However, pre-hospital mortality, which reaches 19,5%, remains a big problem [6].

Prognostically, infarction of the anterior wall of the left ventricle (LV) is more unfavorable, as it is associated with an increase in the frequency of acute heart failure, ventricular fibrillation, and death [7-10]. Some studies say that mortality within 30 days during the development of acute heart failure is 11% [11].

Ischemic mitral regurgitation (IMR) is a frequent complication of MI. It can occur following AMI due to reduced myocardial contraction at the site of papillary muscle insertion or papillary muscle displacement, resulting in leaflet tethering.

The severity of IMR may vary dynamically as a function of left ventricular loading conditions, heart rhythm, conduction system disease, and myocardial ischemia. Ischemic mitral regurgitation is a type of secondary mitral regurgitation that occurs after MI. Several studies have shown high risks of illness and death from cardiovascular disease among patients with symptomatic heart failure, reduced left ventricular systolic function, and moderate or greater degrees of IMR [12-16].

This study aims to evaluate the prevalence and severity of MR immediately following STelevation (STEMI) and non-ST-elevation myocardial infarction (NSTEMI) in contemporary clinical practice. We also studied risk factors and predictors of outcome. All included patients underwent transthoracic echocardiography before discharge, with the aim of quantifying MR by the multiparametric method where possible.

Methods. The Kyiv Heart Institute is a major cardiac center in Ukraine. Between March 3, 2021 and November 16, 2022, records of patients admitted to Kyiv Heart Institute with type I acute myocardial infarction and treated by percutaneous intervention were retrospectively coronary examined. Patients transferred in from other centers were included. All included patients transthoracic echocardiography (TTE) discharge. Baseline demographic presenting features were recorded, including heart failure, time between symptom-onset and PCI and initial high-sensitivity troponin T (taken on admission. The maximum increase in troponin (peak) was also recorded (upper limit of detectable range > 26 ng/ml). Diagnoses of STEMI and NSTEMI were made by the admitting consultant cardiologist, according to standard international guideine definitions [17-23].

Transthoracic echocardiography was performed using Epiq 7 (Philips). Proximal flow convergence was assessed in the apical 4-chamber view, allowing for measurement of the proximal isovolumetric surface area (PISA) with reduced aliasing velocity increased penetration depth. Effective regurgitant orifice area (EROA) was derived from a continuous wave Doppler profile of the MR jet in the apical 4-chamber view. Vena contracta (VC) width was assessed in the parasternal long axis view. MR was categorized as mild, moderate, or severe according to established criteria [24]. Left atrial (LA) and LV dimensions were indexed according to the Mosteller calculation of body surface area. LV ejection fraction (LVEF) was calculated by the Simpson's biplane method. LA volume was calculated using the biplane method from images acquired in the apical 4 and apical two chamber views at end-systole. LA dilatation was defined as an indexed left atrial volume (LAVi) $> 34 \text{ ml/m}^2$ [25].

Results. During this research 61 patients were diagnosed with AMI in 2021 and 2022. All 61 consecutive patients treated by PCI with recorded inpatient TTE were included. Median time from symptom onset to PCI for was 38,5 hours and 20 hours for patients with ischemic mitral regurgitation and without mitral regurgitation respectively (Figure 1). Baseline and demographic data are given in Table 1.

Mitral regurgitation was observed in 25 of 61 patients (41%), graded as mild n = 9 (36%), moderate n = 9 (36%) and severe n = 7 (28%).

Patients with MR were more commonly men (14 of 25 [66%] vs 30 of 36 [83%]; p <0,0146), older (67 \pm 10 years vs 65 \pm 11

years; p <0,001) and more likely to have a past history of hypertension (25 of 25 [100%] vs 35 of 36 [97%]; p = 0,015*) and previous MI (9 of 25 [36%] vs 8 of 36 [22%]; p = 0,044*). Patients with and without mitral regurgitation have the similar LVEF (37 \pm 2% vs 40 \pm 3%; p <0,001*). But patients with MR more often had kidney disease (12 of 25 [48%] vs 12 of 36 [33%]; p =0,048*).

On angiography, in patients with mitral regurgitation, the number of patients with a three-vessel lesion prevailed (14 of 25 [56%]). Hemodynamically significant stenoses that were treated prevailed in lesions left anterior descending artery (13 of 25 [52%] p < 0.001*) and right coronary artery (13 of 25 [52%] p= 0.018*).

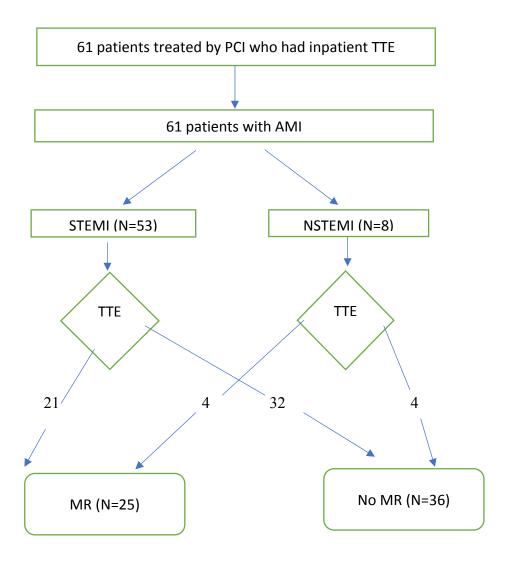


Figure 1. Consort diagram demonstrating the number of patients included in the study and their respective outcomes.

Table 1. Baseline and angiographic characteristics of the population

Variable	Mitral regurgitation		P value	
	Yes (N = 25)	No (N = 36)	1 , , , , ,	
Age (years)	67 ± 10	65 ± 11	<0,001*	
Women	11 (44%)	6 (17%)	<0,046*	
Smoker	17 (68%)	20 (56%)	<0,001*	
Kidney disease	12 (48%)	12 (33%)	0,048*	
Diabetes mellitus	9 (36%)	10 (28%)	0.854	
Family history of CAD	16 (64%)	13 (36%)	<0,001*	
Hypertension	25 (100%)	35 (97%)	0,015*	
Previous MI	9 (36%)	8 (22%)	0,044*	
Previous PCI	3 (12%)	1 (3%)	0,56	
Presentation				
Mean LVEF (% § SD)	37 ± 2	40 ± 3	<0,001*	
Initial troponin (ng/L)	$3,05 \pm 2,37$	$5,59 \pm 7,84$	0,046	
Peak troponin (ng/L)	$14,76 \pm 11,52$	$17,32 \pm 9,18$	<0,001*	
NSTEMI	4 (16%)	4 (11%)	0.895	
Symptom onset to PCI time (h)	20	19,5	0,032*	
STEMI	21 (84%)	32 (89%)	0.843	
Symptom onset to PCI time (h)	38,5	20,2	0,32*	
	Severe dise	ase by vessel		
Left main	1 (4%)	7 (19%)	0.46	
Left anterior descending	1 (4%)	1 (3%)	< 0.001*	
Left circumflex	1 (4%)	1 (3%)	< 0.001*	
Right coronary	2 (8%)	1 (3%)	0.018*	
Two vessel disease	7 (28%)	11 (31%)	0.001*	
Three vessel disease	14 (56%)	16 (45%)	0.567	
		conary artery		
Bypass graft	1 (4%)	7 (19%)	0.75	
Left main	1 (4%)	1 (3%)	0.45	
Left anterior descending	13 (52%)	29 (81%)	0.006*	
Left circumflex	7 (28%)	16 (45%)	0.003*	
Right coronary	13 (52%)	13 (36%)	0.65	
Intervention				
Drug eluting stent	61	55	0.254	
Bare metal stent	1 (4%)	2	0.654	
Ballon	1 (4%)	1 (3%)	0.345	
Complication	1 (4%)	2 (6%)	0.015*	

CAD = coronary artery disease; MI = myocardial infarction; CABG = coronary artery bypass grafting; PCI = percutaneous coronary intervention; LVEF = left ventricular ejection fraction; NSTEMI = non-st elevation myocardial Infarction; STEMI = ST-elevation Myocardial Infarction;

Moderate or severe MR was mostly graded using the multiparametric approach. Factors associated with \geq moderate MR were age (66 \pm 12), male gender (10 of 16 [62,5%], low LVEF (39,94 \pm 7,02); long time-to-revascularization (31 \pm 4,7 h); and dilatation of the LV (LVEDVi: 74 \pm 13 ml/m²), and left

atrium (LAVi: 52 ± 14.8 ml/m²). Lesions of the left anterior descending artery and the right coronary artery were the same (9 of 16 [56%]) vs 9 of 16 [56%]). Mitral insufficiency prevailed in patients with STEMI (15 of 16 [94%]) vs 1 of 16 [6%]) (Table 2).

^{*} Denotes significant P values < 0.05.

Table 2. Characteristics of patients with versus \geq moderate mitral regurgitation

Parameter	Moderate and severe MR (N = 16)		
Age (years)	66 ± 12		
Women	6 (37,5 %)		
STEMI	15 (93,75%)		
NSTEMI	1 (6,25%)		
Initial troponin	$3,28 \pm 2,71$		
Peak troponin	$18,7 \pm 9,77$		
LVEF (%)	$39,94 \pm 7,02$		
LVEDVi (ml/m2)	74 ± 13		
LAVi (ml/m2)	52 ± 14.8		
Symptom onset to PCI time STEMI patients (h)	$31 \pm 4,7$		
Treated coronary artery (15 Drug eluting stents)			
Left main	0		
Left anterior descending	9		
Left circumflex	7		
Right coronary	9		

Values expressed as mean § standard deviation (age, LVEF, LVEDVi, LVESVi, LAVi), percentage within the population (male sex, STEMI, NSTEMI), or median with interquartile range (peak troponin).

LVEF = left ventricular ejection fraction; LVEDVi = indexed left ventricular end-diastolic volume; LAVi = indexed left atrial volume; STEMI = ST-elevation myocardial infarction; NSTEMI = non-ST elevation myocardial infarction.

Conclusion

According to the analysis, it can be concluded that the predictors of the development of mitral regurgitation against the background of acute myocardial infarction are male gender, the age of patients older than 67 years, multivessel damage according to coronary angiography, time to revascularization is more than 31 hours, the ejection fraction of the left ventricle less than 40%.

Mitral regurgitation after myocardial infarction is the result of multifactorial

processes involving local and global left ventricular remodeling. Consistent evidence underscores its adverse impact on outcomes, independently of previously known indicators of risk after myocardial infarction. As mitral regurgitation is often clinically silent, it should be systematically evaluated by echocardiography. The evaluation should include precise quantification of the degree of mitral regurgitation to best appraise the ensuing risk.

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^{**} denotes statistical significance (P < 0.05)

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ОСОБЕННОСТИ ВОЗНИКНОВЕНИЯ ИШЕМИЧЕСКОЙ МИТРАЛЬНОЙ НЕДОСТАТОЧНОСТИ У БОЛЬНЫХ ОСТРЫМ ИНФАРКТОМ МИОКАРДА

Л.Р.Стецю $\kappa^{1,2}$, И.М.Клищ 2 , И.О.Стецю $\kappa^{1,3}$, Б.М.Тодуров 1,3 , М.Б.Тодуров 3 , О.В.Зеленчу $\kappa^{1,3}$, С.М.Суда κ евич 1,3

1.Институт сердца МЗ Украины, Киев, Украина

2.Тернопольский национальный медицинский университет им. Горбачевского, Тернополь, Украина 3.Национальный университет здравоохранения Украины имени Шупика, Киев, Украина

Проведено исследование, целью которого было оценить распространенность и тяжесть митральной регургитации (MP) сразу после инфаркта миокарда с подъемом сегмента ST (ИМпST) и без подъема сегмента ST (ИМбST).

Методами исследования были клинико-анамнестическое обследование, объективное обследование, лабораторная диагностика, электрокардиография, эхокардиография и коронарография.

Исследование показало, что предикторами развития митральной регургитации на фоне острого инфаркта миокарда являются мужской пол (66%), возраст больных старше 67 лет, многососудистое поражение по данным коронарографии (56%), время длительности до реваскуляризации более 31 часа, фракция выброса левого желудочка менее 40%. Факторами, ассоциированными с \geq умеренной MP, были возраст (66±12), мужской пол (10 из 16 [62,5%)], низкая фракция выброса левого желудочка (ЛЖ) (39,94±7,02); длительное время до реваскуляризации (31±4, 7 ч); дилатация ЛЖ (индекс КДО 74 \pm 13 мл/м²) и левого предсердия (индекс объема левого предсердия: 52 \pm 14,8 мл/м2).

По мнению авторов митральная регургитация после инфаркта миокарда является результатом многофакторных процессов, включающих локальное и глобальное ремоделирование ЛЖ. Последовательные данные подчеркивают его неблагоприятное влияние на исходы, независимо от ранее известных показателей риска после инфаркта миокарда. Поскольку митральная регургитация часто протекает клинически бессимптомно, ее следует систематически оценивать с помощью эхокардиографии. Оценка должна включать точную количественную оценку степени митральной регургитации, чтобы лучше оценить возникающий риск.

Автор для корреспонденции:

Sehri M.Sudakevych, Department or Cardiac Surgery Endovaskular and Extracoporeal Technologies of the P.L.Shupyk National Healtcare University of Ukraine-Kyiv-Ukraine

E-mail: sudakevych@gmail.com